

FBCCC Menu SUMMER 2017

Week of:	Monday	Tuesday	Wednesday	Thursday	Friday
June 12 - 16 July 10 - 14 August 7 - 11	Blueberry Muffins/M. Oranges/Milk	Cheese Grits/Sausage/Milk	Cheerios / Bananas / Milk	French Toast/Pears/Milk	Fruit Crisps/Apple Slices/Milk
	Chicken Filet Slider French Fries Corn Cantaloupe Milk Water Available	Macaroni and Cheese Pinto Beans Oven Roasted Carrots Corn Muffins Milk Water Available	Steak Nuggets Rice with Gravy Collards Fruit Salad Milk Water Available	Turkey/Cheese Wrap Pasta & Veggie Salad Potato Chip Watermelon Milk Water Available	Hamburger Sliders Sweet Potato Fries Orange Slices Milk Water Available
	Rice Krispy Treats/ Milk	Ritz Crackers / Raisins / Water	Animal Crackers / Milk	String Cheese / Grapes/ Water	Cheez-its/ 100% Fruit Juice
	Biscuits w/Jelly/OJ/Milk	Oatmeal/Peaches/Milk	Chex Cereal / Bananas / Milk	Cheese Toast/Pears/Milk	Yogurt/Blueberries/Milk
June 19 - 23 July 17 - 21 August 14 - 18	Chicken Nuggets Mashed Potatoes Fried Green Beans Honeydew Melon Milk Water Available	Ham & Cheese Sandwich Salad w/Ranch Dressing Green Peas (infants) Apple Slices Milk Water Available	Maple Pancakes Sausage Breakfast casserole Orange Slices Milk Water Available	Beef Taco Lettuce & Cheese Black Bean Salsa Cantaloupe Milk Water Available	Beef Hotdog Baked Beans Fries Watermelon Milk Water Available
	Granola Bar/ Milk	Trail Mix/Water	Graham Crackers / Milk	Saltines/ Cheese Cubes/ Water	WG Goldfish/100% Fruit Juice
	Blueberry Muffins/M. Oranges/Milk	Cheese Grits/Sausage/Milk	Cheerios / Bananas / Milk	French Toast/Pears/Milk	Fruit Crisps/Apple Slices/Milk
	Chicken Filet Slider French Fries Corn Cantaloupe Milk Water Available	Macaroni and Cheese Pinto Beans Oven Roasted Carrots Corn Muffins Milk Water Available	Steak Nuggets Rice with Gravy Collards Fruit Salad Milk Water Available	Turkey/Cheese Wrap Pasta & Veggie Salad Potato Chip Watermelon Milk Water Available	Hamburger Sliders Sweet Potato Fries Orange Slices Milk Water Available
Rice Krispy Treats/ Milk	Ritz Crackers / Raisins / Water	Animal Crackers / Milk	String Cheese / Grapes/ Water	Cheez-its/ 100% Fruit Juice	
July 3 - 7 July 31 - Aug 4 Aug 28 - Sept 1	Biscuits w/Jelly/OJ/Milk	Oatmeal/Peaches/Milk	Chex / Bananas / Milk	Cheese Toast/Pears/Milk	Yogurt/Blueberries/Milk
	Chicken Nuggets Mashed Potatoes Fried Green Beans Honeydew Melon Milk Water Available	Ham & Cheese Sandwich Salad w/Ranch Dressing Green Peas (infants) Apple Slices Milk Water Available	Maple Pancakes Sausage Breakfast casserole Orange Slices Milk Water Available	Beef Taco Lettuce & Cheese Black Bean Salsa Cantaloupe Milk Water Available	Beef Hotdog Baked Beans Fries Watermelon Milk Water Available
	Granola Bar/ Milk	Trail Mix/Water	Graham Crackers / Milk	Saltines/ Cheese Cubes/ Water	WG Goldfish/100% Fruit Juice
	Blueberry Muffins/M. Oranges/Milk	Cheese Grits/Sausage/Milk	Cheerios / Bananas / Milk	French Toast/Pears/Milk	Fruit Crisps/Apple Slices/Milk

**1-2 years = whole milk; over 2 years = 1% milk

